

Aiseiri Family Programme 2017



Who this Programme is for and what does it offer?

- Anyone who is affected by the drinking, drug-taking or gambling of a family member or loved one.
- Anyone living with an active or recovering addict who feels the need to take time out to look at themselves.
- It is an opportunity to look at the effects of addiction on your life.
- Through support, encouragement and information, it aims to help you learn new ways to cope and improve the quality of your life.
- It will give an understanding of addiction and its effects on family and others closely associated with the addict.
- It is an introduction to the 12 Step Programme of living.

5 Day Programme

Sunday 8th October to Friday 13th October

Booking Form

I wish to reserve a place on the Family Programme for week commencing.....

I enclose non-refundable booking deposit of €50.00

Name: _____ Phone: _____

Address: _____

Please return to the Continuum Care Co-ordinator, Aiseiri, Townspark, Cahir, Co. Tipperary
For further information contact Aiseiri Cahir at 052.7441166