



# Aiseiri Family Programme 2017



## Who this Programme is for and what does it offer?

- Anyone who is affected by the drinking, drug-taking or gambling of a family member or loved one.
- Anyone living with an active or recovering addict who feels the need to take time out to look at themselves.
- It is an opportunity to look at the effects of addiction on your life.
- Through support, encouragement and information, it aims to help you learn new ways to cope and improve the quality of your life.
- It will give an understanding of addiction and its effects on family and others closely associated with the addict.
- It is an introduction to the 12 Step Programme of living.

## Dates for 5 Day Programme 2017

Sunday 18<sup>th</sup> June to Friday 23<sup>rd</sup> June

### Booking Form

I wish to reserve a place on the Family Programme for week commencing.....  
I enclose non-refundable booking deposit of €50.00

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Please return to the Continuum Care Co-ordinator, Aiseiri, Townspark, Cahir, Co. Tipperary  
For further information contact Aiseiri Cahir at 052.7441166

[www.aiseiri.ie](http://www.aiseiri.ie)